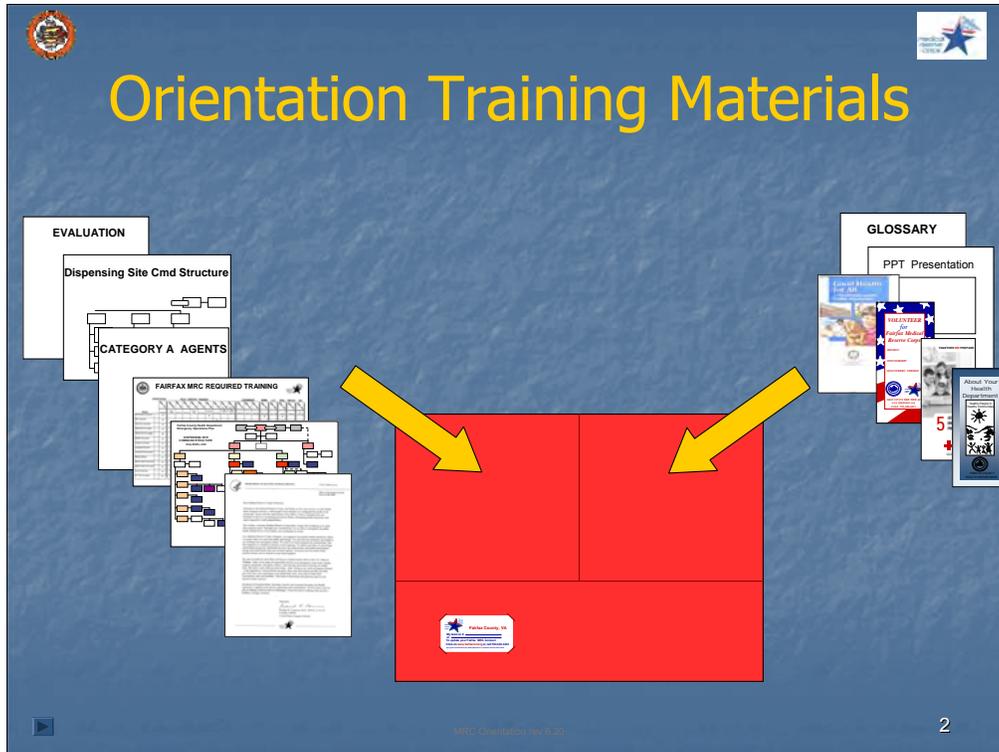




Welcome and thank you so much for volunteering for the MRC and coming to this orientation. I am _____. Before we get started, let me invite you to partake of the refreshments and (explain where the restrooms are—please feel free to take a bio break during the presentation). Please also turn off your cell phones and pagers.

First, let's go over the information in your folder.



On the right hand section, we have several important brochures and flyers: Please note in particular the flyers about the Health Dept services and the Red Cross brochure about family disaster preparedness. Also, we have a copy of the MRC recruitment flyer—later in the presentation we will be asking for your help in recruiting other dedicated, reliable persons such as yourselves for the program.

Following the brochures, is a copy of the PowerPoint presentation, so you don't have to take so many notes, and a glossary for reference.

The left side contains several single sheets: first is a letter from the Surgeon General recognizing MRC for its service; next comes a little larger version of the MRC org. chart addressed later in the presentation; then, the Training grid which we will also go over; then the list of Category A disease agents published by CDC which all local health departments are required to have emergency plans to address—please note at the bottom the CDC website for Bioterrorism—please acquaint yourself with this website—it contains a lot of valuable and timely information. Next is a larger version of the Dispensing site flow which we will also explain. Also, there is an evaluation form at the back which we would appreciate your taking a minute to complete—when you turn in your evaluation form, you will get a lapel pin.

Lastly, there is a magnet and you can put your team and school assignment on this and keep it around your home for quick and easy access. It has the MRC website on it and the staff's contact number



Objectives

- **Become acquainted with the Fairfax Co. Health Department**
 - Core Functions, and players
 - Differentiate Targeted vs. Mass prophylaxis
- **Understand the functions and organization of the Medical Reserve Corps**
 - How it began, what it is, and how it works
- **Know the basic organization of a mass dispensing site**
 - Structure, staffing, and traffic flow
- **Become familiar with the MRC's Emergency Plan**
- **Learn the expectations of you, and the benefits of the MRC**



MRC Orientation 6.18

3

These are the main objectives of this presentation. As we move through this presentation, you will receive information on each of these topics.

Fairfax County Health Department

90 Year Anniversary 1917-2007



Before we begin with the MRC, let's look at the Fairfax County Health Department first. As volunteers in the MRC, you are official volunteers of Fairfax County and the Health Dept—hence we want you to know what the Health Dept is all about.

Who are the players, and what does the Health Dept. do in case of a public health emergency?



Core Functions of the Health Dept.

- Prevent epidemics and the spread of diseases
- Protect against environmental hazards
- Promote and encourage healthy behaviors
- Assure the quality and accessibility of health services

 MRC Orientation 6.18 5

The above functions are common to all local public health agencies.

Prevent epidemics/spread of diseases – i.e. avian flu, smallpox

Protect against environmental hazards – i.e. toxic waste spills, water pollution

Promote and encourage healthy behaviors – i.e. diet, exercise, obesity in kids

Assure the quality and accessibility of health services – i.e. ensure quality health services to everyone regardless of status or income.



Fairfax County Health Department

Epidemiology / Bioterrorism Unit

- **Health Director:**
 - Dr. Gloria Addo-Ayensu
- **Assistant Director For Medical Services:**
 - Dr. Raja'a Satouri
- **Communicable Disease Program:**
 - Susan Fay
 - Public Health Nurses
 - Epidemiologist
- **Emergency Planning Coordinator**
 - Wesley McDermott
- **Emergency Planner:**
 - Steve Church



6

The staff that appears on this, and the next slide, are the Health Department personnel with whom you will come in contact during the course of your training program.



Fairfax County Health Department

Medical Reserve Corps

- MRC Coordinator:
 - Dianne Quebral
 - dianne.quebral@fairfaxcounty.gov
- Medical Reserve Corps Trainer:
 - Adam Benzing
- Administrative Assistant II:
 - Julie Barsic
- Administrative Assistant II:
 -
- Database Manager:
 - Jesse Habourn
- **Contact: 703 - 246 - 2433**



MRC Orientation rev 6.18

7

For general MRC-related questions, you can e-mail Dianne Quebral or Adam Benzing, or call the MRC contact number of 703 246 2433.



Prophylaxis

- **Pro-phy-lax-is (prō´fa-lăk´sis) – protective treatment, or prevention of disease**
- **Two approaches:**
 - Targeted prophylaxis
 - Mass prophylaxis



MRC Orientation rev 6.18

8

One of the principle methods that public health utilizes for preventing the spread of illness is prophylaxis.

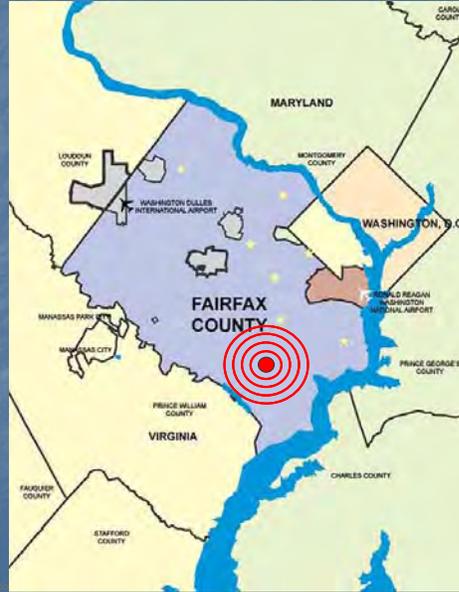
The term prophylaxis as noted above means a protective treatment such as dental cleanings we receive or flu vaccines we may get every year.

Next we will talk about how public health uses 2 approaches to prevent illness spread.



Prophylaxis

- **TARGETED PROPHYLAXIS**
– dispensed to a target area
 - Depending on the disease type, geographic location
 - Medicine provided to “ground zero”, then outward in concentric rings
 - Example: Anthrax

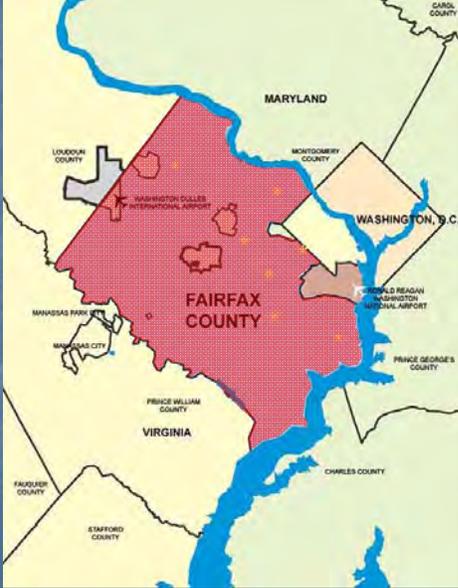


If there was a medical illness in only a part of the County, and identified and confirmed by the Health Dept, targeted prophylaxis would be used to prevent disease among the effected population.



Prophylaxis

- **MASS PROPHYLAXIS**
 - dispensed to a wide area
 - Example: Avian flu



© 2011 Fairfax County

If the Health Department confirmed a widespread illness, then prophylaxis would be provided to all the population.



The Medical Reserve Corps



MRC Orientation rev 6.18

How Did The MRC Begin?

- **September 11, 2001**
- **Anthrax Attacks**
 - **October 2001**
- **Realizing that the Government couldn't do everything, a call for help was issued by the President in his State Of The Union address on January 29, 2002**

12

Following 9/11/01, there were a string of anthrax outbreaks in:

Ft. Lauderdale, Florida (National Enquirer)

New York City (Tom Brokaw - NBC studio, New York Post)

Washington DC (Senator Daschle & Leahy, Brentwood and Merrifield postal facilities)

The Government (Dept. of Health and Human Services) quickly became aware of the possibility of future bioterrorist, and natural medical disasters. The anthrax attack was the “wake up call” for public health in that it was realized that current personnel in the system would be grossly inadequate to serve large populations.

Realizing that the Government couldn't do everything, a call for help was issued by the President in his State Of The Union address on Jan 29, 2002.

What is the MRC ?

- Formed in 2002, in cooperation with USA Freedom Corps, Office of the Surgeon General, and a charter program of Citizen Corps

Office of the Surgeon General

13

After 9/11, the President created the USA Freedom Corps.

One of the programs under the USA Freedom Corps was the Citizen Corps. The Citizen Corps called for local communities across the nation to volunteer to assist in local programs which would require assistance in the event of a local disaster.

Under the Department of Health and Human Services (DHHS), the Office of the Surgeon General, the idea was conceived to form a medical reserve, and continues to administer that function, today.

What is the MRC ?

- MRC “partners” with other programs of Citizen Corps

Office of the Surgeon General

MRC works cooperatively with all other local Citizen Corps programs and coordinates our efforts through the local Citizen Corps Council.

We encourage you to consider cross participation in other Citizen Corps programs.



What is the Fairfax MRC ?



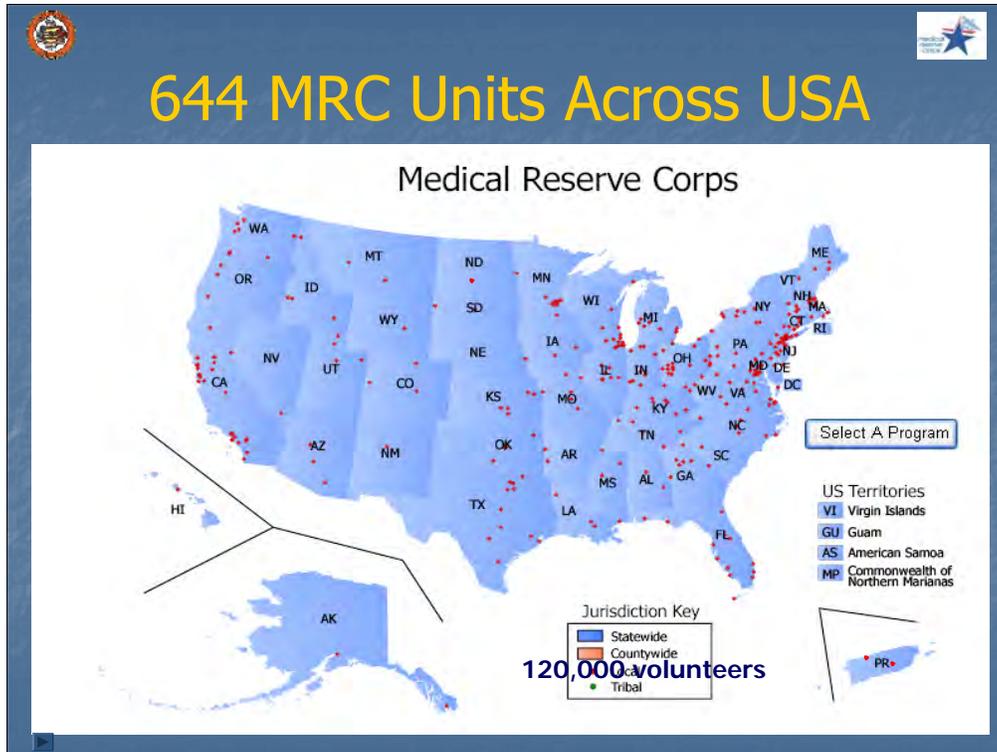
- A local volunteer program to augment the capability of the public health system to respond to a biological attack, or naturally occurring epidemic



MRC Orientation rev 6.18

15

The MRC is a “blend” of volunteers from the medical community, non-medical volunteers, and volunteers/resources of the Fairfax Co. Health Dept.



This map, provided to us by national MRC office shows the MRC's around the Continental USA, Alaska, and Hawaii.

This is a good map which gives the audience a visual idea of how many MRC units are around the USA. Fairfax MRC is one of the largest MRC units in the USA, with over 3590+ members.

For your information, MRC units are not all alike—some are affiliated with Local Fire departments, some are non-profit, etc.



How The Fairfax MRC Works

- Fairfax Co. will use 24 high schools, and GMU as “Dispensing Sites” for prophylaxis
- 4 Mobile teams (future)

MRC Orientation rev 6.18

17

There are 25 MRC dispensing sites within Fairfax County (24 high schools plus GMU).

A plan will be developed for the creation of 4 mobile teams to assist special populations that would have difficulty coming to a dispensing site. More information will be forthcoming..




Plan for Worst Case Scenario

- Smallpox outbreak
 - Assumption:
 - All public / private businesses closed
 - Mass vaccination of all 1.2 million Fairfax County residents within 3-5 days
 - Will require 50 teams of approx. 236 people / team at area high schools
 - Site assignments are based on proximity of home to high school, but you can change
 - Each team will vaccinate 10,000 people

18

Notes –

Smallpox doesn't exist on the planet. It was eradicated by 1980 – however, it does still exist in laboratories throughout many countries, making it an extremely dangerous bio-terrorist weapon. One thing to remember is that medical experts indicate that prior vaccination will not protect us as it probably occurred 30 years or so ago.

Smallpox is highly contagious, and would be the worst case scenario for the MRC to deal with, therefore we should plan for the worst.

Note to presenter:

The formula below is provided in the event that someone raises questions about the ability to reach the entire population.

1.2 million people in Fairfax County divided by 25 dispensing sites = 24,000 clients per site, or 12,000 clients team for medications---- and 10,000 people per team for vaccine

Even if exposed to smallpox, if an individual receives the vaccine in 3-5 days either the person will not become ill or may have a milder case, depending on the strength of their immune system.



Potential Roles for the MRC

- Mass Dispensing/Vaccination Operations
- Family Assistance Centers
- Special Medical Needs Shelters
- Other roles (e.g. assist Health Department with info distribution to public)



MRC Orientation rev 6.18

19

Dispensing Sites

MRC Team Organization





Dispensing Site Staffing



One MRC Team

1 Incident Coordinator	1 Flow Control Unit Leader
1 Deputy Incident Coordinator	104 Dispensing Site Assistants (min.)
1 Safety Officer Logistics Section Chief	2 Medical Directors
1 Public Info. Officer (Media School)	2 Nurse Pract. / Physicians Asst.
4 Administrative Assistant Volunteer Coordinator	41 Registered Nurse
1 Support Branch Director Support Branch Deputy Director	4 U RN nit eader
10 Interpreters (min.) ASL Interpreter	6 Physician
1 Data Entry Unit Leader	2 Pharmacist
24 Data Entry Specialists	2 Pharmacy Technician
	6 Public Health Staff
	6 Mental Health Professional
	6 Greeter (Counselor)
	6 Special Needs Assistant

TOTAL = 236

MRC Orientation rev 6.18

21

There are 2 MRC teams per high school, an “A” team, and a “B” team. This slide shows the ideal numbers of volunteers on one team.

Notice that more non-medical volunteers are needed than medical volunteers. This is ironic, because many people are reluctant to join the MRC because of the word “Medical”. It implies that this is a group of medical volunteers. Also, some volunteers may think that the Site Assistant position is insignificant, but they play an important roles throughout the dispensing site process.



MRC and Incident Command System (ICS)

- **MRC structure must conform with Federal requirements:**
 - **Modular organizational structure with common terminology**
 - Sections
 - Branches
 - Units
 - **Unity of Command: each person has only one supervisor**
 - **Specific job duties**
 - Details of the job are listed in Job Action Sheets
 - **Incident Action Plan (I A P)**



MRC Orientation rev 6.18

22

If you remember, on 9/11/01, the NYC Fire Dept. couldn't communicate with the NYC Emergency Medical Technicians, or the NYC Police Dept. "Jargon" used by the Police was not the same for the EMT or Fire Dept.

The Government decided that all emergency responders must be on the same page. Using clear, concise terminology over radios, unified command structure, etc.

After 9/11, a Presidential Directive was issued directing that all emergency first responder programs conform with the Incident Command Structure (ICS) as required in the National Incident Management System (NIMS)

You will note on the next slide that there is a logical chain of command in the structure.



Incident Action Plan

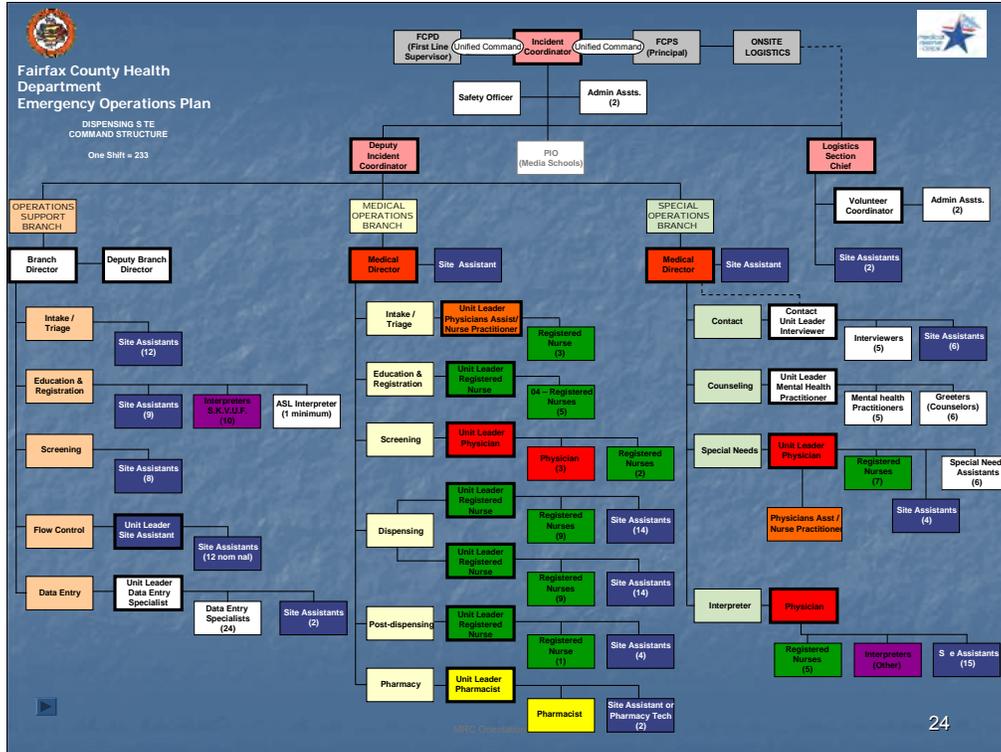
- Plan consists of a set of documents which are completed by the I.C. for each shift at the dispensing site.
- The documents address the following:
 - What are the objectives?
 - Who's assigned to specific responsibilities?
 - What are the tactics?
 - What is the communications plan?
 - What happens if someone gets hurt?

MRC Orientation 6.18

23

For each "incident", there is one Incident Commander in charge. For the MRC, this is the Incident Coordinator. The Incident Coordinator (IC) is responsible to following the Incident Action Plan (IAP).

There is an Incident Action Plan for smallpox, another one for plague, another one for anthrax, another plan for avian flu, etc.

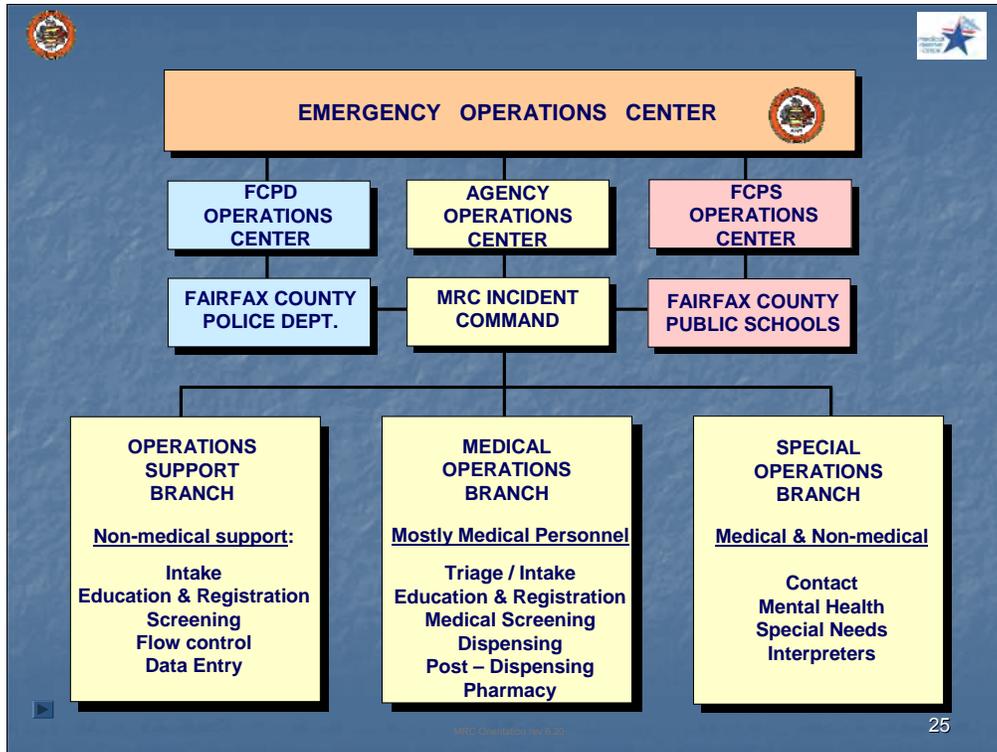


Color Key (if asked):

We realize that you cannot read this slide from a distance, however there is an 8.5” x 11” hard copy in your packet (red folder).

The hard copy has a legend key for the color coding to which you may refer to understand why we use different colors. Note the dark border around various roles which indicate leadership positions.

On the following slides, we will explain the function of the various components of the team structure and how the components support the work of the dispensing site.



This takes the previous slide and simplifies it.

Note – the top box is called the Emergency Operations Center, which is the “nerve center” of the County disaster management operations. The EOC is staffed by the County’s senior management representatives, such as the County Executive, Chief of Police, Fire Chief, Dr. Gloria, etc.. Any time the MRC is activated, the E.O.C. would also be activated.

The next level is the Operation Centers for the Health Dept., known as the AOC. Likewise, operation centers would be opened for the Police and the school system, who are our partners in the bio-response.

The 3rd level represents the unified command present in each dispensing site during operations. The MRC Incident Coordinator is responsible for all the teams volunteers, and accomplishment of the mission of the dispensing site. He/she reports regularly to Health Department AOC. The partners in the unified command are the Police Sgt. or Lt. who supervises the Police deployed to the dispensing site, and the Principal of the school who supervises his/her team of “Essential School Personnel” who keep the building going during the dispensing operations.

Operations Support, which has all non-medical volunteers, which predominantly assists the public moving through the dispensing site.

Medical Operations branch consists mainly of medical volunteers whose job is to educate, screen, and dispense medication/vaccine to “uncomplicated” clients.

Special Operations consists of several functional groups designed to serve atypical clients.

What Happens in an Activation?

MRC Dispensing Site

Before we discuss the organization of the dispensing site, let's go over how the MRC volunteers, their immediate family, and public arrive at the dispensing site.

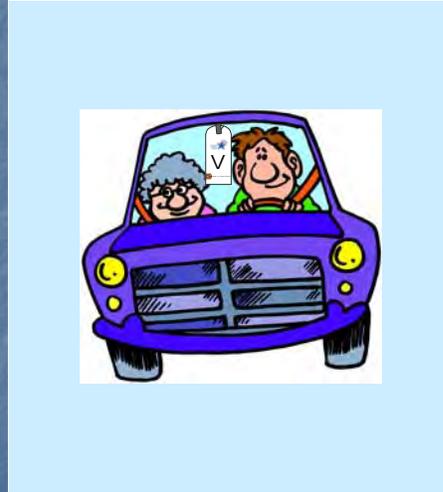
Prior to the arrival of the public, the school must be "converted" into a medical dispensing site. This process is known as "mobilization", another term which is used in incident command. In the course of your training you will learn about mobilization and the process of converting the school to a dispensing plan.

The MRC mobilization plan specifies that MRC volunteers will arrive at the school, set the school up as a dispensing site, receive their prophylaxis and then provide prophylaxis to the members of their immediate family.



MRC Volunteers Drive to Site

- MRC members will be advised when to report to their school and whether the members should bring their family



MRC volunteers would be told to report to their individual site at a specific time. The purpose, at this time, is to “mobilize” (prepare) the high school for a medical dispensing site. Once the high school is setup, MRC members would receive their prophylaxis before the public. A decision will be made as to the dispensing of medicine to MRC immediate family members (this goes back to our previous discussion about targeted vs mass prophylaxis). Both MRC members and their immediate family members would be given prophylaxis for the disease of concern prior to the public.

MRC volunteers would then return home and wait for further instructions.



There are MRC parking passes, which allow MRC volunteers (**V**) to drive their car directly onto high school premises. MRC immediate family members (**F**) are given a pass for them to drive directly onto school premises.

If MRC parking passes are not displayed, as an alternative, the MRC ID badge, along with a copy of the e-mail instructing the volunteer to report could be used.

Staff (**S**) passes would be given to FCPS essential personnel.

Transportation

- **The public won't be permitted to drive into the sites**
 - MRC members show parking pass, or ID badge, and e-mail alert
- **Major source of public transportation - FCPS buses**
 - At high school bus stops



 MRC Orientation rev 6.18 29

In the development of the dispensing site plan, the police advised against the public driving directly to the site. . . . Why? Of course, there would be traffic chaos, therefore, Fairfax County school buses will be used as the major transportation source for the public.

The public will be allowed to walk to the dispensing site if they elect to do so.

School bus stop information will be made available over the media (radio, TV, etc) at the time of activation of a dispensing site/sites. Broadcasts will probably indicate school bus stops at the intersection of xxx street, and yyy street/road, etc.

School bus routes are not published on the Internet due to security reasons.



Transportation

- Fairfax Connector buses
 - At designated satellite parking lots



MRC Orientation rev 6.18

Designated satellite lots would be publicized at the time of the event.



Special Transportation

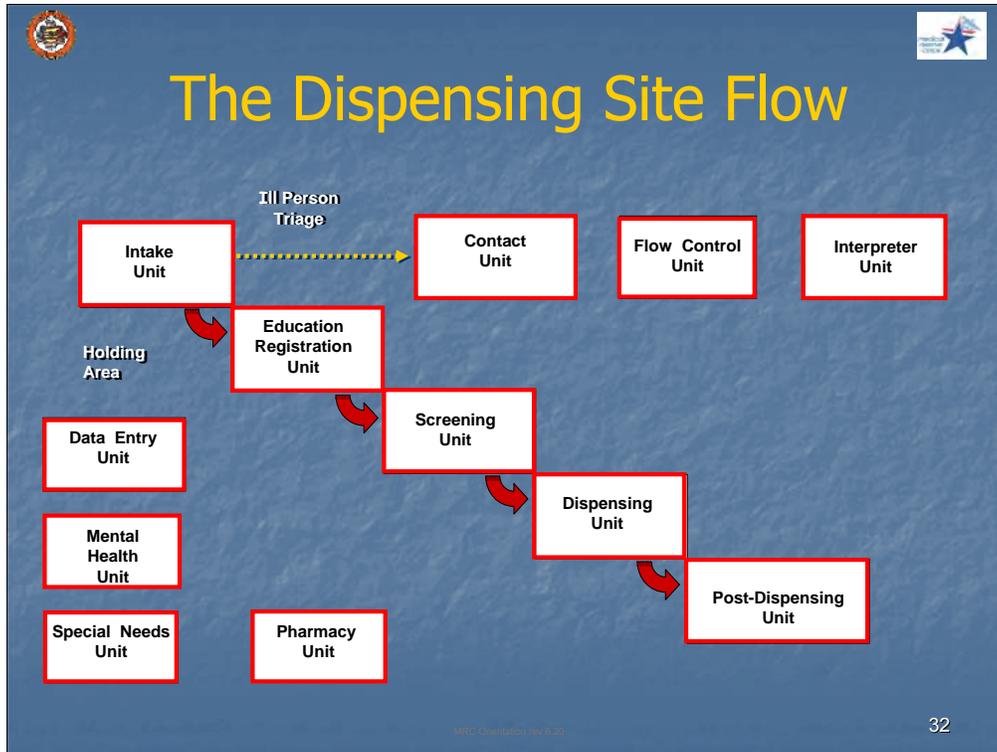
- **FCPS (lift-equipped) and FasTran buses**
 - **Individuals with special transportation needs**
 - Disability or Disabling health conditions
 - Unable to use public transportation
 - www.fairfaxcounty.gov/rec/fastran/general_info.htm
 - 703-222-9764



31

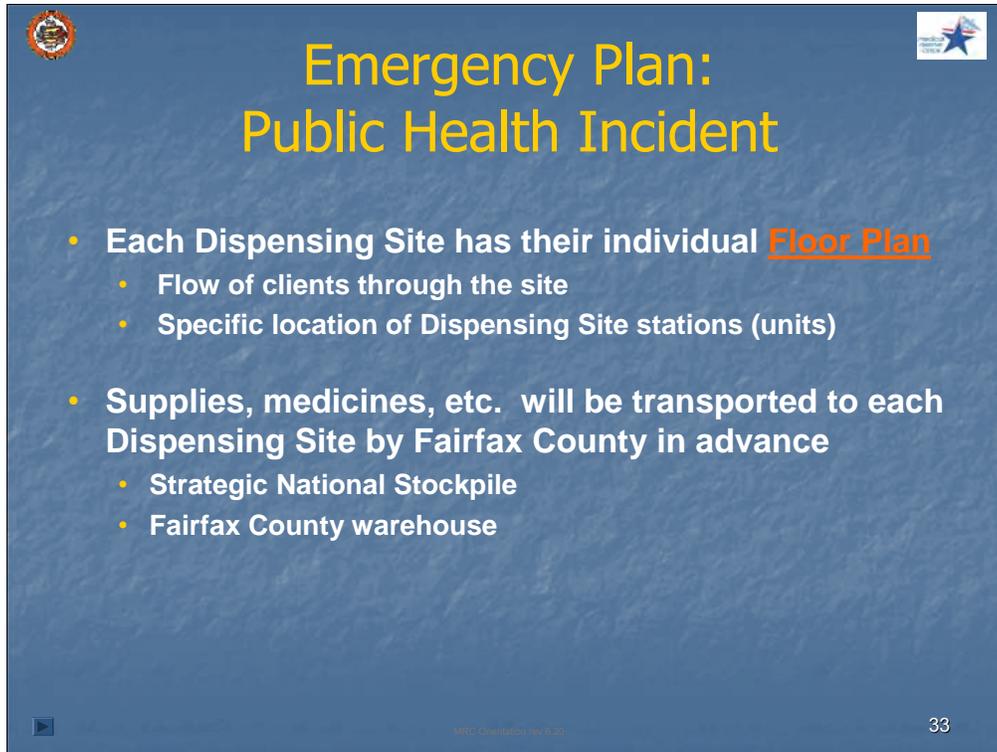
FasTran and Fairfax County Public School “Lift-equipped” buses are available for individuals with special transportation needs.

So now you are asking, all this seems ok, but how will the public know about the emergency plan and the school buses?



NOTE TO PRESENTER:

There are too many notes for this one page. Please refer to Dispensing Site Flow Notes in MS Word. See Bob Clarke if you need a copy.



The slide features a blue background with a subtle wave pattern. In the top left corner is the Fairfax County seal, and in the top right corner is the logo for the Fairfax County Health Department, which includes a star and the text 'Fairfax County Health Department'. The title 'Emergency Plan: Public Health Incident' is centered at the top in a large, bold, yellow font. Below the title, there are two main bullet points in white text, each with its own sub-bullets. The first main bullet point is 'Each Dispensing Site has their individual Floor Plan', with sub-bullets for 'Flow of clients through the site' and 'Specific location of Dispensing Site stations (units)'. The second main bullet point is 'Supplies, medicines, etc. will be transported to each Dispensing Site by Fairfax County in advance', with sub-bullets for 'Strategic National Stockpile' and 'Fairfax County warehouse'. At the bottom left of the slide is a small blue square icon, and at the bottom right is the number '33'. The text 'MRC Orientation rev 6.18' is faintly visible at the bottom center of the slide.

Emergency Plan: Public Health Incident

- Each Dispensing Site has their individual Floor Plan
 - Flow of clients through the site
 - Specific location of Dispensing Site stations (units)
- Supplies, medicines, etc. will be transported to each Dispensing Site by Fairfax County in advance
 - Strategic National Stockpile
 - Fairfax County warehouse

33

Strategic National Stockpile - Maintains a national repository of life-saving pharmaceuticals and medical materials. SNS is located within or close by all metropolitan areas. Fairfax County personnel will pickup these medicines and supplies and deliver medicines to the dispensing sites.

Fairfax County Warehouse - Fairfax County maintains supplies for each dispensing site at the County warehouse in Springfield, Va. When it's decided to activate the Fairfax MRC, medical supplies earmarked for each dispensing site will be transported, appropriately.



What Happens Before MRC Activation?

- “Run up period” – During the assessment of a biological event, the Health Dept. Agency Operations Center will send an early alert to MRC members asking them to **stand by**.

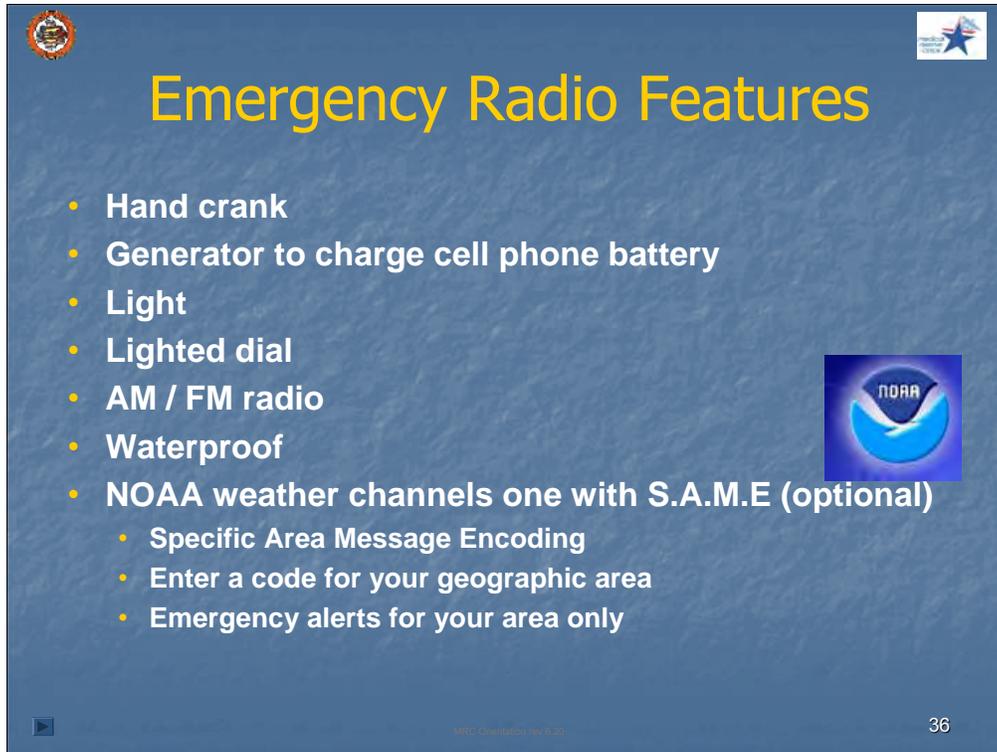




What's the MRC Activation Process?

- The Health Director makes the decision to activate the MRC and Dispensing Site plan.
- Activation will be made by e-mail and all text messaging devices, and will include reporting instructions
- If there is no electricity, activation notices will be released through the media to MRC members
 - Battery operated radio, TV
 - **Hand-crank radios**





The slide features a blue background with a white star in the top right corner and a NOAA logo in the bottom right. The title 'Emergency Radio Features' is written in large yellow font. A list of features is presented in white text with yellow bullet points. A small NOAA logo is also visible on the right side of the list.

Emergency Radio Features

- Hand crank
- Generator to charge cell phone battery
- Light
- Lighted dial
- AM / FM radio
- Waterproof
- NOAA weather channels one with S.A.M.E (optional)
 - Specific Area Message Encoding
 - Enter a code for your geographic area
 - Emergency alerts for your area only

NOAA

36

Many stores now offer hand-crank emergency radios (JC Penny, Radio Shack, Sears, American Red Cross, etc.).

Listed on this slide are some features that you may want to consider when you purchase an emergency radio:

- Hand crank: turn crank for 1-2 mins which powers the radio for 60 – 90 mins.
- Some radios have a generator to charge your cell phone. Good feature
- Some radios have a light on one end. Handy if you are in the dark.
- A few radios have a lighted dial. Useful if changing stations in the dark.
- Most all emergency radios have AM & FM and TV reception
- Some radios are waterproof, have a flashing light and/or siren
- Some radios have National Oceanic and Atmospheric Administration (NOAA) emergency channels (usually 7 channels) with Specific Area Message Encoding (SAME) feature on one of those channels.
 - You program the radio with a specific area message code, and only local emergency messages will be received. An alarm will be sounded before the transmission of emergency information on this channel.



Public Media Plan

- Progressive print and broadcast messages informing public about
 - the disease of concern
 - transportation by school bus and how to find bus stops
 - order of arrival will be staggered, i.e., by alphabet of last name
 - all jurisdictions will use same time schedule

Communications at Dispensing Site

- **Two-way portable radios**
 - Incident Coordinator / Deputy I.C.
 - Medical Directors
 - Unit Leaders
- **Cell phones**
- **Runners**

38

Each high school has 2-way radios onsite, pre-programmed to certain channels which would be used during MRC activation.

Cell phones could also be used, however reception/transmission could be poor, depending on physical location within the school.

Runners would be assigned to communicate messages within the school. This would be ideal for teenagers over the age of 16.

MRC TRAINING



MRC Required Training



FAIRFAX MRC REQUIRED TRAINING



ROLE	ORIENTATION	ROLE - SPECIFIC								LEADERSHIP				DRILL		MRCAN		
	MRC 101	MRC 200	MRC 205	MRC 207	MRC 208	MRC 209	MRC 205 A	MRC 205 B	MRC 300	MRC 301	MRC 302	MRC 303	MRC 304	MRC 305	MRC 306	MRC 307		
	COMBAT	Basic MPTA	Physician	Pharmacist	Medical Nurse	Data Support	Medical Advisor	Operational Nurse	ASAC Language Liaison & Resp. B	FEMA ICS 100	FEMA ICS 200	FEMA ICS 300	ISOP CONVARS	National Management	Naval/OK Leader MCI	Existing	Outlined	
Administrative Assistant	*																	
ASL Interpreter	*							*										*
Data Entry Specialist	*																	*
Data Entry Unit Leader	*																	*
Deputy Incident Control (Ops Section Chief)	*									*	*	*	*	*	*	*	*	*
Flow Control Unit Leader	*									*	*	*	*	*	*	*	*	*
Greeter (Counselor)	*				*													*
Incident Coordinator	*									*	*	*	*	*	*	*	*	*
Language Interpreter	*								*	*	*	*	*	*	*	*	*	*
Licensed Practical Nurse	*	*								*	*	*	*	*	*	*	*	*
Logistics Section Chief	*						*			*	*	*	*	*	*	*	*	*
Medical Director	*		*							*	*	*	*	*	*	*	*	*
Mental Health Practitioner	*				*					*	*	*	*	*	*	*	*	*
Mental Health Unit Leader	*				*					*	*	*	*	*	*	*	*	*
Nurse Practitioner	*	*								*	*	*	*	*	*	*	*	*

1. Incident Coordinator, Deputy IC / Ops Section chief positions requires an application process to include references, resume, self-assessment survey, written response to problem scenarios, interview and criminal background check.
2. Logistics Section Chief requires a submission of resume and a criminal background check.

* = Courses under development: Mobilization, Just-In-Time Training, Epidemiology / Quarantine

REMEMBER: Members are encouraged to cross-train and pursue online courses from VA Train and FEMA - [www.http://va.train.org](http://va.train.org)

Rev 6

BOB CLARKE



Online Leadership Training

- **Online FEMA courses for MRC leaders**
 - Incident Coordinators
 - Deputy Incident Coordinators
 - Logistics Section Chief
 - Volunteer Coordinator
 - Safety Officer
 - Branch Directors
 - Unit Leaders
- **Website**
 - www.fema.gov
 - Online Training (NETC Virtual Campus)



Online Leadership Training

- **IS-100**
 - Introduction to Incident Command Structure (ICS)
- **IS-700**
 - Introduction to the National Incident Management System (NIMS)
- **FEMA Certificates will be mailed to you**
- **Send individual photocopy of FEMA certificate to:**
 - Medical Reserve Corps - 10777 Main St. Suite 320, Fairfax, VA. 22030
 - Fax: 703 246 8780

EXPECTATIONS



What Does the MRC Expect From You ?

- Attend Orientation / Role Specific / Leader training
- Respond promptly when alerted
- Volunteers expected to work one 12-hour shift each day for 3-5 days
 - Meals and rest areas will be provided
 - Most roles require you to stand on your feet
 - Some roles require you to sit for extended period
 - Team assignments are based on proximity of home to high school
- FCPS employees are assigned according to their school pyramid



MRC Orientation 6.18

44

Note -

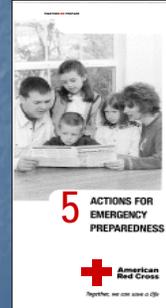
We are usually able to accommodate the MRC volunteer changing role assignments (depending on role availability), or changing high schools. The volunteer cannot change themselves – they must call us to make the requested changes in the MRC database.

There will be an assigned MRC Volunteer Check-in area upon arrival at the high school, and an MRC Volunteer Check-out area upon departure.



Expectations - continued

- **Develop your family disaster plan**
 - Assure your peace of mind
 - Maintain a family disaster kit
 - Plan for care of dependents (children, pets, and dependent adults)
- **Be aware of public health threats**
 - Current threat level
 - Potential public health threats
 - Category A agents
 - www.fairfaxcounty.gov/emergency/pandemicflu
 - www.cdc.gov
 - www.fairfaxcounty.gov/cean





Family Disaster Kit

- **An example emergency “Go-Kit”**
 - **First aid kit:** band-aids, antibiotic cream, aspirin, gauze, antacid tablets, alcohol wipes, elastic bandage
 - **Personal care items in a small carrying case:** toiletries, 3-5 day supply of any prescription medications, extra pair of glasses
 - **Food and water:** energy bars, a small plastic bottle of water, water purification tablets
 - **Clothing:** poncho, gloves, socks
 - **Shelter and safety:** Swiss army knife, emergency blanket, flashlight and extra batteries, small roll of duct tape. Emergency cash
 - **Communications:** pencil, pen, note pad, crank radio, emergency crank cell phone charger.

Here is a sample emergency “Go-Kit”. These are some items that may be needed in the event of an emergency.



Expectations - continued

Patient Confidentiality

- **ALL** volunteers (medical or non-medical) performing duties for the Fairfax County Health Department, even in a time of disaster, are required to keep all patient health information (PHI) of persons served at the dispensing site **PRIVATE** and **CONFIDENTIAL**
- You may share PHI with a health provider for treatment purposes
- Refrain from discussing PHI with health providers when others may be able to hear



MRC Orientation rev 6.18

47

Just remember that you might run into friends and neighbors and that you might see some personal health information, especially if you have jobs in Education & Registration, Screening or Dispensing units.

What's in it for Me?

- Community service
- MRC Volunteer and family members priority for mass prophylaxis
- MRC newsletter
- MRC ID badge
- MRC parking passes
- MRC lapel pin
- MRC fanny-pack






48

It may sound corny, but you are providing a vital service to your community.

You and your immediate family members get (pun) “First-shot” at the medicine

You get a quarterly MRC newsletter with handy information

After you complete 2 MRC training classes (Orientation + another class), you become eligible for a free MRC ID badge, MRC fanny pack, free MRC parking passes (V & F).

By attending Orientation, you receive a free MRC lapel pin (for now).

MRC ENROLLMENT CAMPAIGN

GOAL – 13,000

SHORT RANGE GOAL – 6,000

NOW – 3,581

More Volunteers Needed !

- Caring, committed, reliable and responsible persons are needed
 - Not committed to another disaster response org.
 - Age 18 or older
 - Able to work required schedule
 - 12 hour shifts for successive days
- Enroll via:
 - www.fairfaxmrc.org
 - 703 246 2433
- Application process for IC positions

49

We need more volunteers!

We currently have 3,550 volunteers, and our long-range goal is 13,000 volunteers. We could use more than 13,000, but will be able to suffice with 13000 volunteers.

Our short-range goal is to have 6,000 as soon as possible—why 6000? Because that would give us about half of volunteers that we would hope we would have trained that would then be able to work along side of spontaneous volunteers that would be forthcoming at the time of an emergency.

Dr. Gloria stated that she doesn't want just numbers, rather volunteers who are caring, committed to the MRC, and reliable. In other words, volunteers who will actually show up to do their job at a dispensing site when needed.

There is an application process for Incident Coordinators, Deputy I.C.s and Logistics Chiefs. For IC's and DIC, this process includes a life-time criminal background check, list of references, and answers to given scenarios along with an interview; for the Logistics Chief, it entails the submission of a resume and a CBC.

There are MRC recruitment brochures on the table. Please take some and pass them to people who you think would care to participate in the MRC.

MRC Database – Login Help

WANT TO BECOME A VOLUNTEER?
[Click here to apply](#)

EXISTING VOLUNTEER

User Name:

Password:

[Log In](#)

[Can't remember Username?](#)

[Can't remember Password?](#)

Home

New Volunteer

[Send Password](#)

[English](#)

Fairfax Medical Reserve Corps
A Program of the Fairfax County Health Department

The anthrax attacks of October 2001 dramatically indicated the need to increase our capacity for dispensing medication to a large number of persons in a short timeframe. Working with community physicians, the Fairfax County Health Department began recruiting volunteers soon thereafter. In 2003 this group officially affiliated with the Medical Reserve Corps, a program of the federal Citizens Corps. The Fairfax Medical Reserve Corps, serving Fairfax County, Fairfax City and Falls Church, is now one of the largest Medical Reserve Corps in the country.

Even though large, Fairfax Medical Reserve Corps needs more medical and non-medical volunteers dedicated to serve our community in times of public health emergency. We invite you to become part of this important effort to augment the Fairfax County Health Department's capacity by providing medication in response to acts of bioterrorism and naturally occurring epidemic. If you would like to review the various positions in the MRC, please click on MRC Rules, or click on "New Volunteer" to apply now.

To our current volunteers, thank you for your commitment to serve. Significantly enhanced in 2006, this website represents an advancement in our support to you as a Fairfax MRC volunteer. On logging in, you will find a simpler more intuitive interface providing assignment information, access to training, Fairfax MRC announcements, and other features. As always, our capacity to communicate with you in emergencies as well as routinely depends on having current e-mail and wireless device information. When you log-in please take a moment to be certain this information is current.

[Home](#) | [New Volunteer](#) | [Log In](#) | [Send Password](#) | [MRC Rules](#) | [MRC FAQ](#) | [Support](#) | [Terms of Service](#) | [Privacy Policy](#)

ActivMRC
 Fairfax Medical Reserve Corps Alert Network is a patent-pending product of Roam Secure, Inc. Roam Secure is a federally registered trademark. The ActivMRC mark is a trademark of Roam Secure. All rights reserved.

50

Note to presenter- In this and the next 3 slides, we discuss login help to the MRC database, and viewing the individual volunteer's profile and details of their job assignment in the MRC.

1. Go to the MRC website, login with username & password.
 - a. If you forgot your password, don't type anything, just click on "Can't remember Username?" or "Can't remember Password?"

Then the next screen appears.

MRC Database – Login Help

WANT TO BECOME A VOLUNTEER?
Click here to apply

EXISTING VOLUNTEER

User Name:

Password:

[Login](#)

Can't remember Username?
Can't remember Password?

[Home](#)

[New Volunteer](#)

[Send Password](#)

Login Help

Have you forgotten your login user name? For many Fairfax MRC volunteers who have been with the program for several months or longer, your user name would typically be the e-mail address under which you registered. If you do not remember your user name, please contact Bob Clarke at (703) 246-2433 or via e-mail at bob.clarke@fairfaxcounty.gov.

If you have forgotten your password, please use the field below to enter the user name you created when registering with the Fairfax MRC. Once you have entered your user name and clicked the Send button, a randomly generated alpha-numeric password will be sent to the e-mail address under which you registered for the program. Return to www.fairfaxmrc.org and login using your user name and the password you received in your e-mail. Once you've successfully logged into the website, go to your 'Profile' page and use the password fields to change the random password you received to a password you can remember. Be sure to type the password in both fields for confirmation, and click the 'Update' button at the bottom of the screen.

Send Password in E-mail

Your User Name:

registered with Fairfax
Medical Reserve Corps
Alert Network

[Send](#)

[Home](#) | [New Volunteer](#) | [Login](#) | [Send Password](#) | [MRC Roles](#) | [MRC FAQ](#) | [Support](#) | [Terms of Service](#) | [Privacy Policy](#)

Activemc Fairfax Medical Reserve Corps Alert Network is a patent-pending product of Roam Secure, Inc. Roam Secure is a federally registered trademark. The Activemc mark is a trademark of Roam Secure. All rights reserved.

51

- b. You'll be prompted to enter your email address, click SEND button
- c. The system will send you an interim, temporary password which you can use to login.
- d. If you forgot your Username, you need to call the MRC office (703 246 2433) for assistance.

My Job Details

Assignment:

Registered Nurse	
Site	Hemdon High School
Team	Team A
BRANCH	Medical Operations
UNIT	01 Intake
Volunteer Role	Registered Nurse
JOB NO.	3 04

Devices:

Device	Carrier	Status
E-mail account		

Send a **TEST ALERT** to all of your devices [GO >](#)

Announcements

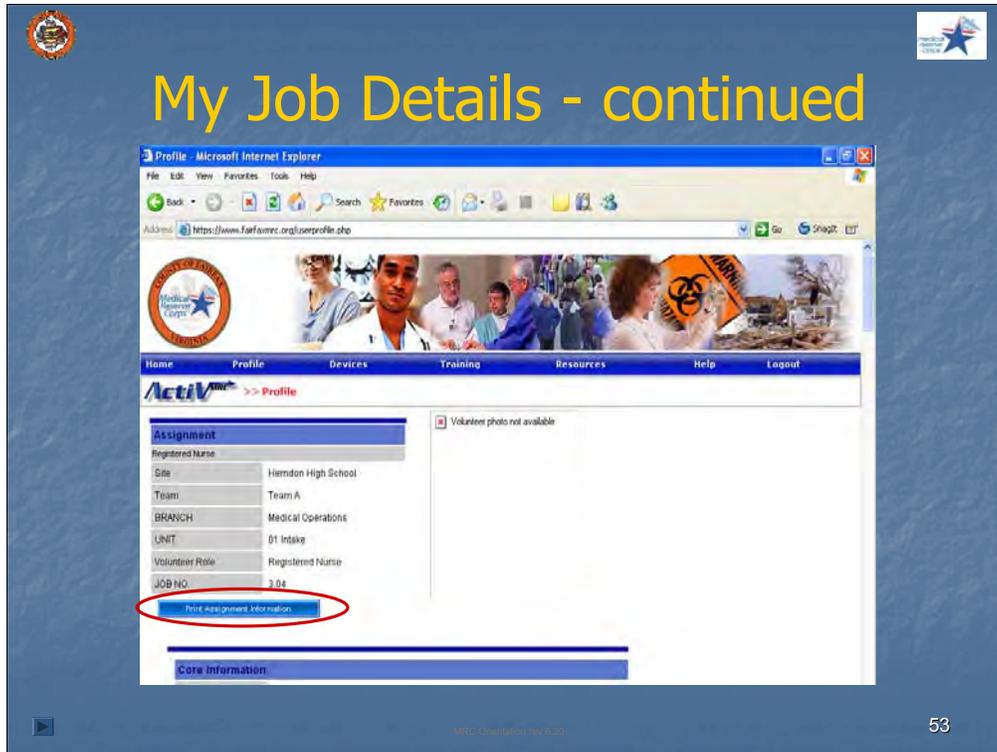
Weekly Homeland Security Newsletter Now Available for Download

Weekly Homeland Security Newsletter

Now Available for Download

52

2. Once into your homepage, you can see your basic role, team, school, etc.. To see details of your job, click on Profile and the next screen appears.



3. At the Profile screen you can:
 - a. Scroll down into the core information field and change your password from the temporary one given, to a personal, permanent one. Important – please remember to click the Update button at the bottom of screen.
4. Click on Print Assignment Information to see the details and tasks of your role.

My Job Details - continued

Assignment Report - Microsoft Internet Explorer

Registered Nurse	
Site	Harrison High School
Team	Team A
Branch	Overabins Station
BRANCH	Medical Operations
UNIT	01 Intake
Volunteer Role	Registered Nurse
JOB NO	304
PRIMARY MISSION	Dispense medication within the timeframe required to prevent the disease of concern from occurring in a defined population
BRANCH MISSION	Dispense medication to mainstream clients
UNIT MISSION	Screen incoming clients for those who are non-English speakers, have special needs, and/or signs or symptoms of disease of concern, or who are contacts of individuals who may have disease of concern
YOUR JOB	OBSERVE/TRIAGE CLIENTS TO IDENTIFY THOSE WHO MAY BE ILL WITH DISEASE OF CONCERN
ASSIGNED AREA	INTAKE SCREENING AREA (OUTDOORS)
EQUIPMENT	GREEN VEST
SUPERVISOR NAME	INTAKE UNIT LEADER
QUALIFICATIONS	NURSE MEDICAL LICENSE; MRC 101, 200
JOB ACTIONS	<ol style="list-style-type: none"> 1. Triage clients identified as potentially ill with the disease of concern (Clients will be identified primarily by the Dispensing Site Intake Form but may also be identified through observation) 2. Be alert to clients who may not self-identify as potentially ill and intercept them for triage prior to their entry into the building 3. Evaluate clients to determine if their symptoms could be related to the disease of concern 4. If signs and symptoms require higher level medical evaluation notify the Intake Unit Leader 5. Do not permit clients determined to be potentially ill with the disease of concern into the building 6. If evaluation determines a client is potentially ill with the disease of concern direct them to the sick holding area 7. If evaluation is equivocal to the disease of concern, direct client to the Dispensing Site Intake area to be assessed by the

MRC Orientation rev 6.18

54

After clicking on Print Assignment Information, the details of your job, known as the Job Action Sheet (JAS) will appear.



We really appreciate you taking the time to attend this Orientation, and thanks for supporting the Fairfax MRC. Your work is appreciated by your community, Fairfax County, the State of Virginia, and your nation.

Please complete the evaluation form. We appreciate your feedback, whether it be positive or negative, or suggestions. If you have questions that you would like a response, please do not put them on the evaluation form, rather send your questions via e-mail to bob.clarke@fairfaxcounty.gov.

Leave the evaluations in a stack on one of the desks.

QUESTIONS ?

If you care to leave at this
time, you may do so

For those of you with questions, please remain. If you have no questions, please feel free to leave, but remember to get your MRC lapel pin (coffee cup will be issued later in future classes).